



Mt. Zion Food Bank Needs

Breakfast Items

Oatmeal, grits, Pop Tarts, and cereal.

Lunch Items

Canned meats, soups, saltine crackers, graham crackers, chili, and potato chips.

Dinner Items

Boxed dinners, Hamburger Helper, mac & cheese, instant potatoes, dry rice, dry beans, elbow noodles, flour, and sugar.

Household Items

Laundry detergent, dishwashing liquid, hand soap, paper towels, napkins, toilet paper, toothpaste, soap bar/body wash, shampoo, and deodorant.

Drinks

Water, tea bags, coffee, shelf-stable milk, and sodas.

Unaccepted Food Items:

- Perishable foods.
- Items needing refrigeration.
- Expired foods.
- Leftovers.
- Items with damaged/opened packaging.
- Items in glass containers.
- Homemade goods.

When & Where to Donate

Please leave all donated items in the bin located in the Lobby at Journey Fellowship Baptist Church (409 Center Point Rd, Bremen, GA 30110). Donations may be made Sundays 9:00am–11:00am and Wednesdays 5:00pm–7:00pm.